Read

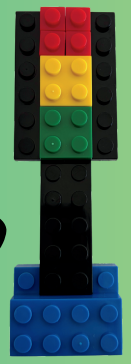
"'Pray like this: Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven.
Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one."

(Matthew 6:9-13 NLT)

Learn

When we pray, it is helpful to remember that God's answers can be like a traffic light. He always gives us the best answer for our lives. Sometimes He says "Red" (No) to protect us, sometimes He says "Yellow" (Wait) because the timing isn't right yet, and sometimes He says "Green" (Go!) when it's part of His perfect plan. Because God is in charge and knows everything, we can trust Him even when we don't get a "Green" light right away. To learn what pleases Him, we can read the Bible and listen to the Holy Spirit—that small, quiet voice in our hearts that guides us to make good choices. When we pray, we can be confident that He hears us and will give us exactly what we need!

What's the Topic?



Prayer

Verse to Memorize/Pray Over Your Family

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."
1 Thessalonians 5:16-18 NIV

Verse Song

Talk

1. Can you think of a time when you really wanted something, but the answer was "Wait" (Yellow light)? How do you feel when you have to wait?
2. Why is it good news that God is "in charge" and knows what is best for us, even when we don't understand His answer?
3. What is one way we can practice "listening" to God more this week?

Family Prayer:

Dear Jesus,
Thank You for always listening when we talk to You. Help us to trust Your an for our lives—even when it's hard to wait or hear 'no.' We know that Your way is always best because You love us so much. Help us to listen to Your Holy Spirit and follow Your plan every day. Amen.

Play

The Prayer Signal

1. Have the rest of the family stand at one end of the room (or yard) and the leader (a parent) stand at the other.
2. When the leader shouts a color, everyone must move according to God's "answers" from the lesson:
   - "GREEN!" (Yes/Go): Run
   - "YELLOW!" (Wait/Slow Down): Slow Motion Walk
   - "RED!" (No/Stop): Freeze instantly
3. The first person to reach the leader and give them a high-five wins!
4. To make it more about the lesson, you can swap the colors for the actual "answers." Try shouting "Wait!" instead of Yellow, or "Trust Me!" instead of Red. If they move during a "Red Light," they have to take three big steps back!
5. After a round or two, you can say: "In the game, it was easy to run on Green, but it was hard to move slowly on Yellow! Prayer is the same way. It's easy to be happy when God says 'Yes,' but it takes a lot of practice to be patient when He says 'Wait' or 'No.'"